

Kuwait International Regatta

07-10 OCTOBER 2015

MESSILAH BEACH KUWAIT

SAILING INSTRUCTIONS

Organizing Authority is: The Kuwait Sea Sports Club

ABBREVIATIONS:

[DP] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

1. RRSS

1.1 The regatta will be governed by the 'RRS' as defined in The Racing rules of Sailing 2013 -2016.

1.2 The Notice of Race.

1.3 Current Class rules for all competing classes.

1.4 Appendix P will apply amended as follows: RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

1.5 No national authority prescription will apply.

1.6 The Sailing Instruction takes over the Notice of Race. This changes RRS 63.7.

1.7 English shall be the official language. If there is a conflict between languages the English text will take precedence.

2. [DP][NP] IDENTIFICATION

2.1 Boats shall display event sponsor advertising, if required by the organising authority. The organising authority will supply the advertising and instruction for their use.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located in front of Clubhouse building.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect, on the official notice board in front of Club building.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the flag pole located in front of the Club building. When a signal is displayed over a class flag, it applies to that class only.

5.2 [SP][NP] When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP. When AP is displayed boats shall not leave their berthing places until this signal is lowered.

5.3 [SP][NP] Flag D with a sound signal means: 'The warning signals will be made not less than 45 minutes after flag D is displayed or not before the scheduled time, whichever is later. Boats shall not leave their allocated berths until this signal is made.

6. SCHEDULE OF RACES

6.1 Dates of racing

DATE:	EVENT:
<i>Wednesday 07 October</i>	<i>Official Arrival Day Registration Practice Race 14:00</i>
<i>Thursday 08 October</i>	<i>Team Leaders/ Coaches meeting 09:00 3 Races (first warning signal) 11:00</i>
<i>Friday 09 October</i>	<i>2 Races (first warning signal) 14:00</i>
<i>Saturday 10 October</i>	<i>3 Races (first warning signal) 10:00 Awards ceremony – 16:00</i>
<i>Sunday 11 October</i>	<i>Official Departure Day</i>

6.2 Number of races

Class	Number of races	Races per day
All classes	8	Up to 3
Open Catamaran class	5	Up to 3

One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to instruction 3.

6.3 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.

6.4 On the last day of the regatta no first warning signal will be made after 1500.

7. CLASS FLAGS

Class	Flag
Optimist	White Flag with Black Optimist class logo
Laser Radial	Green Flag with Red Laser class logo
Laser 4.7	Yellow Flag with Red Laser class logo
Catamaran class (Hobie-16 and Dart 18)	White Flag with Black Hobie Logo

8. RACING AREA

The racing area will be in the waters in front of **Messilah Beach**. An attachment 1 shows the racing areas location.

9. [NP] THE COURSES

9.1 The diagrams in Attachment 2 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg and the course designation.

10. MARKS

10.1 Marks 1, 2, 3 and 4 will be **Yellow** cylindrical inflatable buoys.

10.2 The starting marks will be the race committee starting boat at the starboard end and a **Yellow** cylindrical with two **blue** stripes inflatable buoy at the port end.

10.3 The finishing marks will be the race committee finishing boat and a **Yellow** cylindrical with two **blue** stripes inflatable buoy.

10.4 New marks, as provided in instruction 12.1, will be **Red** round inflatable buoy.

10.5 A race committee boat signalling a change of course is a mark as provided in instruction 12.2.

11. THE START

11.1 The starting line will be between staff displaying orange flag on the starting boat and the mark on the pin end side.

11.2 [DP][NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is defined as rectangular 50 meters from the starting line and marks in all directions.

11.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To change the next leg of the course the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.

12.2 The boats shall pass between the race committee boat signalling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

13. THE FINISH

The finishing line will be between staff displaying orange flag on the finishing boat and mark on the pin end side.

14. PENALTY SYSTEM

14.1 Appendix P will apply as amended in 1.4

14.2 For the Open catamaran class, RRS 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty. A boat that has taken a penalty or retired under RRS 44.1 shall complete an acknowledgement form at the race office within the protest time limit.

15. TIME LIMITS

15.1 Time limits are as follows:

Time Limit	Mark 1 time limit	Finish window	Race Target time
90 min	25 min	15 min	50 min

15.2 If no boat has passed Mark 1 within the Mark 1 time limit the race may be abandoned.

15.3 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored a Did Not Finish (DNF).

15.4 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms are available at the race office located at **the Club House**. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.2 For each class, the protest time limit is 60 minutes after the last boat on that class has finished the last race of the day

16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located at the Kuwait Sea Sport Club, beginning shortly after the notice is posted.

16.4 Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).

16.5 A list of boats that, under instruction 14.1 have been penalized for breaking RRS 42 will be posted within time limit.

16.6 Breaches of instructions 2, 5.3, 11.2, 18, 20, 21, 23, 24 and 25 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the jury so decides.

16.7 Breaches of rules in the sailing instructions marked **[NP]** will not be grounds for a protest by a boat. This changes RRS 60.1(a).

16.8 Penalties for RRS, the EIR, class rules or rules in the NoR and SIs marked **[DP]** are at the discretion of the International Jury. A boat may accept a discretionary penalty for the breaches stated above before a hearing concerning the same incident by completing a form available at the jury office.

16.9 For breaches of the SIs marked **[SP]** the race committee may apply a standard penalty without a hearing.

16.10 On the last scheduled day of racing a request for reopening a hearing shall be delivered

- (a) Within the protest time limit if the requesting party was informed of the decision on the previous day;
- (b) No later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

16.11 On the last scheduled day of racing a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16.12 Decisions of the international jury will be final as provided in RRS 70.5.

16.13 If necessary a competitor may bring his/her own interpreter to the hearing.

17. SCORING

17.1 The Low Point System of RRS Appendix A will apply.

17.2 The scoring abbreviation for a discretionary penalty under SI 16.6 will be **[DPI]**.

17.3 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

17.4 There will be 8 races for all classes and 5 races in Open Catamaran class in single series. At least 3 races are required to be completed to constitute the regatta series.

17.5 Discards:

- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores;
- (b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst scores.

18. [DP] [NP] [SP] SAFETY REGULATIONS

18.1 Check-in and check-out: Competitors are required to sign in/out at the beach master's office before launching and take them back immediately on returning ashore. The penalty for failure to comply with this will be 5 points to be added to the first race of the day. This changes RRS A5. The beach master's office is located at the workshop.

18.2 A boat that retires from a race shall notify the race committee as soon as possible.

18.3 All boats must have a towing rope on board of at least 8 meters in length.

18.4 All competitors are required to wear a personal flotation device at all times while afloat.

18.5 In addition to International Optimist Dinghy Association (IODA) Class RRSs 4.2(a) and (b), 4.3(a) and (b) each Optimist boat shall have on-board a paddle secured to the hull with a surface of not less than 0.025 square meters and each competitor shall carry a whistle attached to his/her clothing or body. Competitors not complying with this instruction will be attributed a penalty of 5 points for each race of the day on which they have failed to observe this instruction sailed prior to the inspection.

19. REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors will not be allowed without prior written approval of the jury.

19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.

20. [DP] [NP] EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class RRSs and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21. [DP] [NP] ADVERTISING

Boats may be required to display advertising and hull numbers supplied by the organizing authority, together with instructions for the application and positioning.

22. OFFICIAL BOATS

Official boats will be marked as follows:

Race Committee Boats	White flag with black "R C"
Jury Boats	White flag with black "Jury"
Media Boats	White flag with black "Media"
VIP Boats	White flag with black "VIP"

23. [DP] [NP] SUPPORT BOATS

23.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to

start until all boats have finished or the race committee signals a postponement, general recall or abandonment. During any starting sequence, support boats shall stay at least 50 meters below the starting line and its extensions. Race Committee vessels may indicate a support boat to move further from the course area, in which case the mentioned boat shall do so immediately. The penalty for failing to comply with this instruction may result in the disqualification (from the race/s in which the infringement took place) of all boats associated with the infringing boat or other penalty at the discretion of the Jury.

23.2 Support boats shall be marked with their country flags or a white flag of minimum dimensions 50cm x 30 cm with the three letter country code.

24. TRASH DISPOSAL

Boats shall not put trash in the water in addition to RRS 55. Trash may be placed aboard support and race committee boats.

25. RADIO COMMUNICATION [DP][NP]

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

26. PRIZES AND TITLE

26.1 Prizes will be awarded to the first, second and third boat in each class and category.

26.2 Certificates of Participation will be given to each participant (sailors & officials).

27. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See Racing RRSs of Sailing 4, Decision to Race. The organizing authority including its regatta race officials will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Participation in this regatta will confirm a competitor's acceptance of this sailing instruction.

28. RIGHTS TO USE NAME AND LIKENESS

By participating in this regatta competitors automatically grant to organizing authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the championship, and of all of his or her material to the regatta, without compensation.

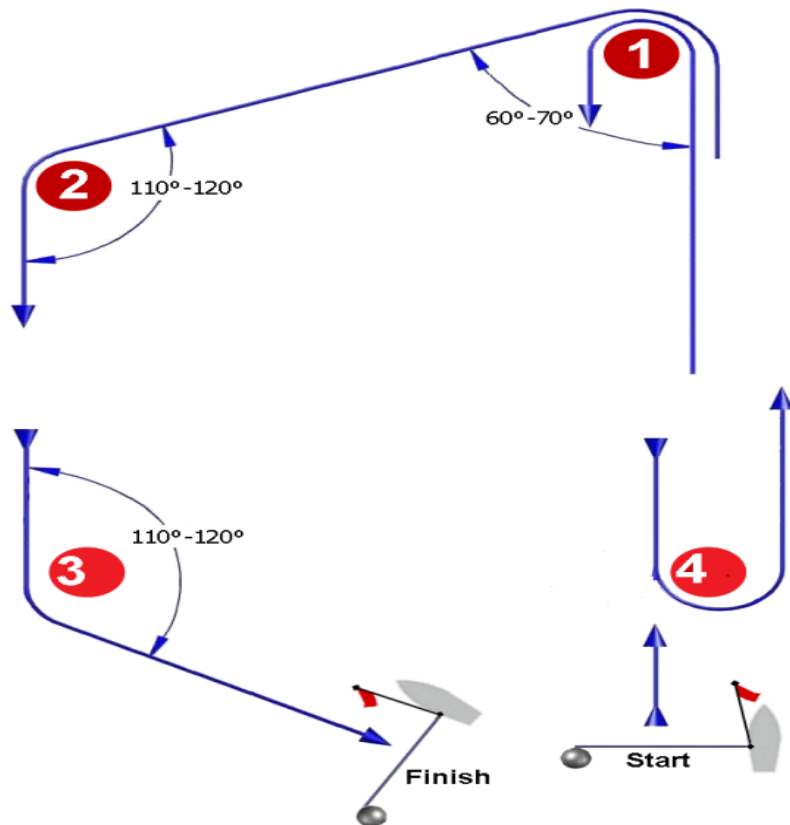
Attachment 1
Race Area



Attachment 2

Courses

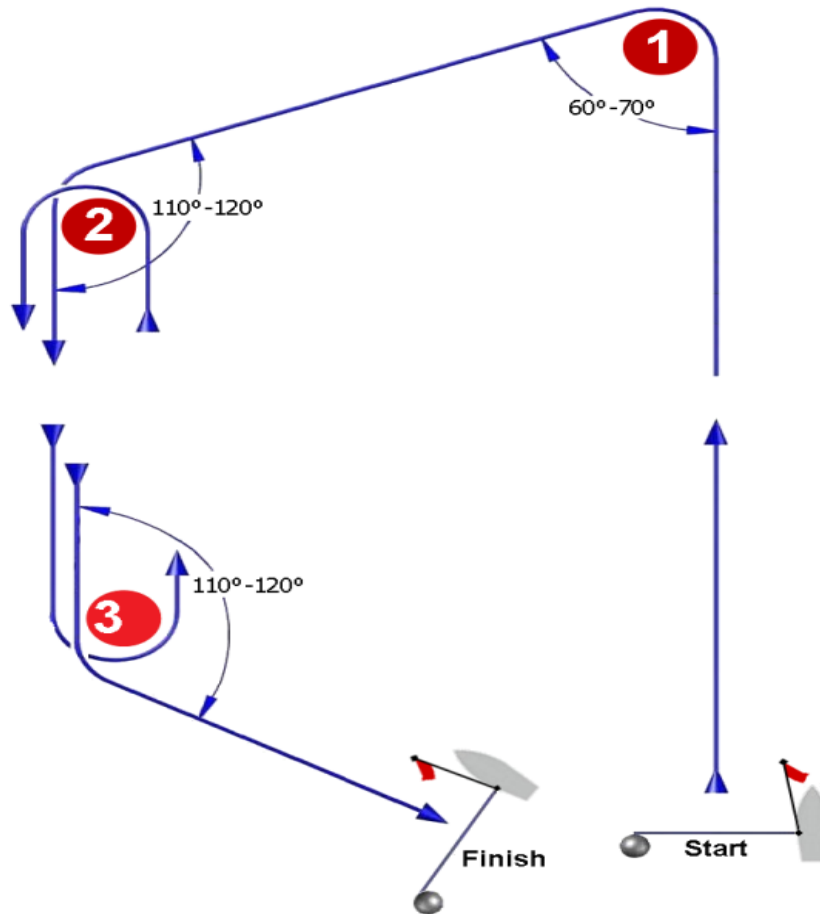
I



Course: Inner Trapezoid

Signal	Marking Rounding Order
I2	Start - 1 - 4 - 1 - 2 - 3 - Finish
I3	Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - Finish
I4	Start - 1 - 4 - 1 - 4 - 1 - 4 - 1 - 2 - 3 - Finish

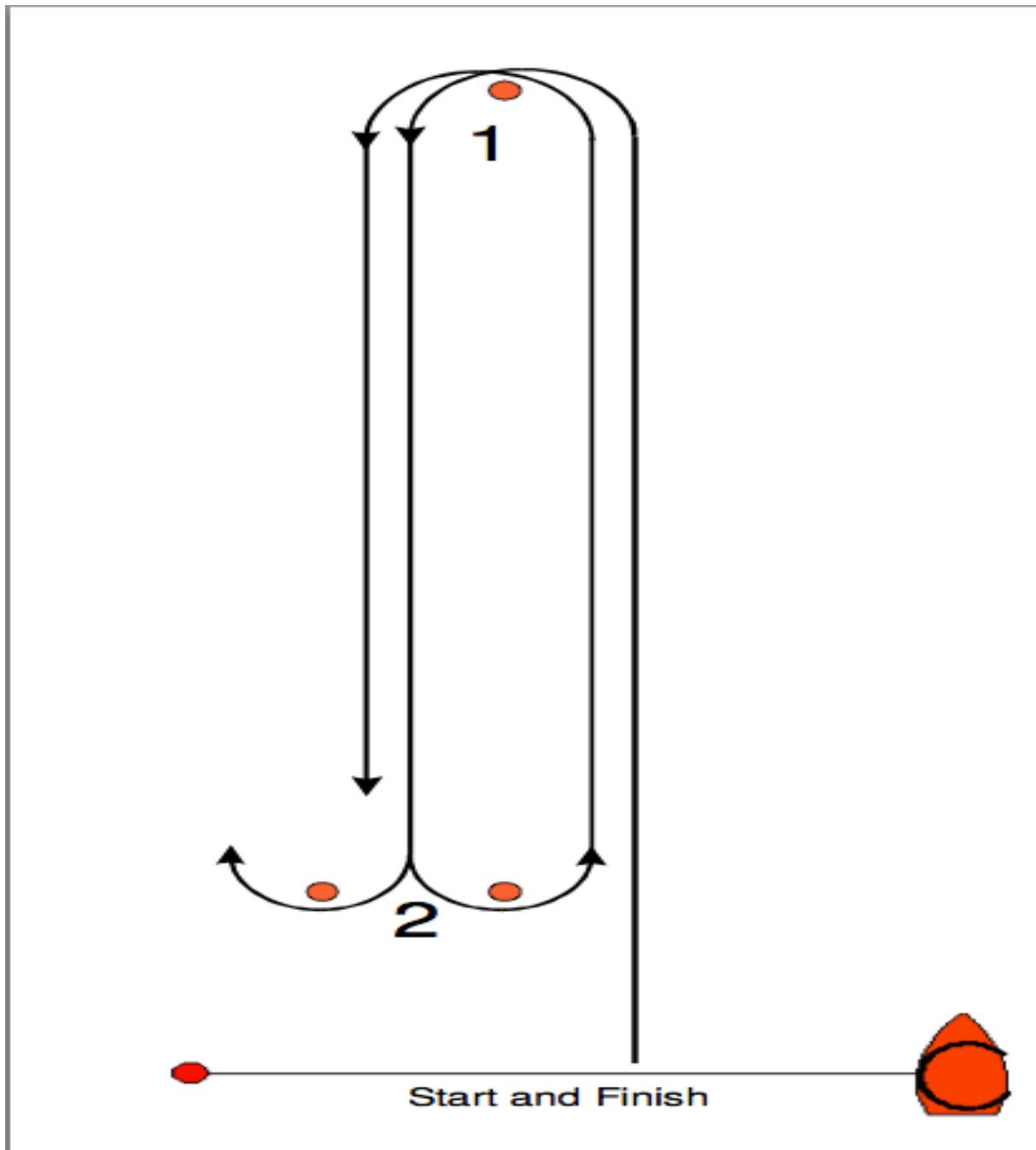
O



Course: Outer Trapezoid

Signal	Marking Rounding Order
O2	Start - 1 - 2 - 3 - 2 - 3 - Finish
O3	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - Finish
O4	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - 2 - 3 - Finish

Windward-Leeward - M



Signal	Marking Rounding Order
M1	Start - 1 - Finish
M2	Start - 1 - 2 - 1 - Finish
M3	Start - 1 - 2 - 1 - 2 - 1 - Finish
M4	Start - 1 - 2 - 1 - 2 - 1 - 2 - 1 - Finish